



AYSO Region 177 Flex/Extra Program Guidelines

- 1 The AYSO Region 177 Flex/Extra (EXTRA) program will be administered in accordance with "Section 11 – Flex Program - Extra Program Guidelines" (revised April 2014). AYSO EXTRA Program is offered to provide a more competitive environment for those skilled players who are looking for a greater challenge and commitment. AYSO EXTRA play takes place at the same time as the fall season.
- 2 AYSO 177 EXTRA Program teams can be created starting in the U9 Division.
- 3 Teams will only be formed if a qualified coach is approved by the AYSO 177 Board (Board), and then only if a competitive team can be formed based on the skill level of the players that tryout and commit to the team.
- 4 Coaches – the goal is to have qualified coaches in AYSO EXTRA that understand AYSO and the Region's program philosophy.
 - a AYSO U12 Coach License is required for U9 and U10 divisions.
 - b Intermediate Coach License is required for U11 and U12 divisions. Advanced Coach License required for U13 divisions and up. Coaches may apply for the coaching position only if they firmly commit to earning the U12 Coach License (U9 and U10), Intermediate License (for U11 or U12) or Advanced License (for U13 and up) prior to the start of the EXTRA season.
 - c Coaches must be Referee trained and certified and actively participating as a referee volunteer.

- d Selection process will include application and a possible interview by a committee (RC, RCA, EXTRA Coordinator, RRA, Division Coordinator, Divisional Commissioner, etc.). A recommended slate of AYSO EXTRA coaches will be presented to the Regional Board. The board will then vote to select the coach for each division. If the committee does not recommend a coach for a division or if the board does not vote to approve a coach for a division, there will not be an EXTRA team for that division and player tryouts for that division will not be held, or canceled.
 - e Coaches who have had misconduct issues or sendoffs will be communicated to the Board during the evaluation process, and these issues will have a significant negative impact on the individual being selected to coach an EXTRA team.
- 5 Tryouts - will be OPEN, advertised and well organized.
- a Letter or email to registered players (including players from the last two seasons) in applicable age brackets.
 - b Website
 - c Coach or other AYSO Meetings
- 6 Players must be registered with AYSO Region 177 in order to try out for the EXTRA team. Registered means, "registration form filled out on eAYSO, registered in AYSO 177 (not a different AYSO region), then printed, signed and mailed with payment to the PO Box listed on AYSO177.org". Please check the deadline given for this on the AYSO177.org website. In addition to the above, on-line registration in AYSO 177 via eAYSO and proof of electronic payment before the tryout date is also acceptable. Players from outside the Region are eligible to tryout for an AYSO Region 177 Extra team if they meet the above registration criteria and receive approval from the AYSO 177 EXTRA Coordinator and Registrar.

- 7 Evaluators: A committee of qualified coaches and judges will evaluate the players at tryouts. None of the coaches on the committee will be related to any of the players trying out, or have a personal affiliation with players and respective families (ex. guest coaches staying with the family of the player trying out). If possible, the committee will include coaches from other regions. See Tryout Guidelines for additional information.
- 8 Regional support by AYSO EXTRA teams: AYSO EXTRA teams are required to support Regional volunteer incentive programs in the same fashion as other fall league teams. Failure to do so may jeopardize a team's participation in the postseason tournament.
- 9 Referee support for AYSO EXTRA games: The AYSO EXTRA coordinator will work with RRA's to ensure assignment of a 3 person team capable of officiating the age level of the match on each AYSO EXTRA game.
- 10 Conduct: The AYSO EXTRA program has a high degree of visibility. As the coaches and players involved are of a "higher caliber," expectations as to conduct are higher as well. Referee decisions are final and may not be adjudicated. Any send-off carries a minimum one game suspension – no appeal!
Any send-off for violent conduct carries a two game suspension – no appeal! Additional sanctions may be imposed based on Area Director/AYSO EXTRA Director review of the misconduct in question. Any incident involving fighting will carry stiff sanctions for ANYONE involved in the fight, to include immediate expulsion from the AYSO EXTRA program. Players who are evaluated to be detrimental to team unity can be excluded from the Judge's Pool, based on a vote by the Board.
- 11 Expenditures: The AYSO EXTRA program is offered to participants at cost of Regional registration fee. However, since AYSO EXTRA teams must have a change of jersey in case of conflicting team colors an additional program fee will be required. An added expense is charged to the team to cover administrative costs for AYSO EXTRA season and post- season tournament, and will not be charged to the Regional as a whole.

- 12 Time Frames/Deadlines: Check the AYSO Region 177 website for dates and times. Also make sure your contact information (mainly email address) is correct in eAYSO.
- 13 The AYSO Region 177 Flex/Extra PROGRAM GUIDELINES will be used in conjunction with the AYSO Region 177 Flex/Extra TRYOUT GUIDELINES.