



Welcome to the Fall 2023 Extra Tryouts

Our **objective** is to administer a fair and transparent process in order to select youth soccer players that are interested and capable of developing and competing at a high level. On behalf of AYSO 177, we would like to provide a brief overview of the player selection **process** and the **skills** that are important for this level of competitive soccer. Details regarding the Extra Guidelines are on the AYSO 177 website.

Process:

- **Tryouts:** Two separate tryouts are held for each age group
- **Judges:** We have two-four independent Area E evaluators who will serve as the main judges. Additionally, we have observers who will help oversee the tryout process and help ensure all players are being evaluated during the entire tryout.
- **Selection:** Judges select the “pool” of players that are eligible to make the team (not the coach or any other AYSO Board members).
 - The first part of the team is selected directly by the Judges:
 - Two-thirds of the roster is the group of “locked” players chosen by the Judges.
 - The remaining one-third of the roster is selected by the Coach from the remaining players in the Judge’s selected “pool”.
 - Please don’t disturb the Judges before, during, or after the tryouts. The Extra Coordinator will be available after the tryouts for questions.
- **Evaluation Criteria:** Judges will evaluate participants based on technical, tactical, athleticism, and mental characteristics and attributes as summarized below.

Skills:

Participants are evaluated on a number of criteria with the intent to identify players that will be able to thrive and develop in a more competitive environment. Below is a list which outlines the types of skills the Judges will be evaluating during the tryouts.

- **Technical:** Control/Touch, Dribbling, Short Pass, Accuracy, Long Pass
- **Tactical:** Positioning, Movement, Teamwork, Decision Making, Vision
- **Athleticism:** Speed, Quickness, Balance, Strength, Stamina
- **Mental:** Focus, Leadership, Confidence, Listening/Coachability

Thank you. We appreciate your involvement and participation in AYSO.